

Non-Clinical Staff Education

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# **THE TOTAL HIP AND TOTAL KNEE REPLACEMENT PATIENT**



## **NKCH Orthopedic Program**

**North Kansas City Hospital's Orthopedic program performs well over 1,000 total hip and total knee surgeries each year.**

## **WHO NEEDS TOTAL HIP OR TOTAL KNEE SURGERY?**

Patients who have had an injury, have trouble moving, or have a lot of hip or knee pain.

Patients set a goal with the Orthopedic surgeon about what they want to meet or be able to do after surgery. This goal is in the patient's chart in the computer.

## **How do I know the patient's surgery goal?**

Patient's establish a goal for surgery when in their surgeon's office. This goal is entered into our electronic health record. The care they receive at the hospital is centered around this goal.

# Education

Total hip and total knee surgery patients get education before surgery from:

- Doctor's office
- Total joint class
- Orthopedic Nurse Navigator
- Physical Therapy
- Classes in the community
- Pre-Surgery Testing Clinic

# What You Can Do?

## **The patient wants to get out of bed or the chair.**

- Call for help from a nurse before the patient moves.
- These patients are encouraged to be up and walking WITH HELP within 4 hours of their surgery.

## **The patient is hurting.**

- Offer to refill the patient's ice pack.
- Call for a nurse if the patient is in a lot of pain.



## **Hospital Stay**

**Patients who have had total hip or total knee surgery usually stay only 1 night or less in the hospital.**

North Kansas City Hospital Orthopedic team has adopted clinical practice guidelines that drive the care we provide patients having total hip and total knee surgery.

These are available for all staff via the hospital intranet page under Resources.

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## **EVIDENCE-BASED CARE**



## Total Hip and Total Knee Certification

NKCH has achieved Joint Commission's Advanced Total Hip and Total Knee Certification.

This Certification recognizes NKCH as a trusted choice for patients and their families for the orthopedic needs.

NKCH is 1 of 3 hospitals in Missouri to hold this certification.

## 2021 Process Improvement Projects

- To continually improve upon ourselves, the Total Joint Program is going to work on improving the following for the year 2021.
  - Increase Use of Spinal Anesthesia
  - Increase Ambulation on Day of Surgery
  - Decrease Readmissions
  - Decrease Complications